



New Procedure Proves Successful for Three-Year-Old Sinus Sufferer

Tampa mom shares daughter's journey to relief with balloon sinuplasty, a procedure most often used on adults

TAMPA, Fla. – March 17, 2015 – Katie Reed's three-year-old daughter Hailey was constantly on antibiotics for recurrent ear and sinus infections.

"She was always sleepy and really tired and cranky," the Riverview mom said. "We couldn't go many places as a family - like Disney or Busch Gardens."

Reed was a frequent flier at her pediatrician's office, and was given prescription after prescription for antibiotics.

Then Reed took her daughter to Scott Powell, M.D., Board Certified Otolaryngologist with Tampa Bay E.N.T. Hailey's adenoids were removed, which provided temporary relief to the toddler. After further evaluation, Dr. Powell recommended balloon sinuplasty, a procedure that involves using a balloon to open up the sinuses in the same way a heart surgeon clears a blocked artery.

Recent studies have shown that balloon sinuplasty helps eight out of 10 children when done with or after surgical removal of the adenoids. It is less invasive than conventional sinus surgery, leaves all bone and tissue intact and can be done in an E.N.T.'s office under local anesthesia in some cases.

"Balloon sinuplasty is an effective, minimally invasive treatment for people with chronic sinus infections," Dr. Powell said. "The balloon restructures the patient's blocked nasal passage in order to provide normal sinus drainage and relief to the patient."

As for Hailey, her mother is happy to report she's now a healthy, happy child.

Her advice to other parents? "Never give up. Trust your instincts when something is not right. I'm lucky I knew who to go to keep investigating," she said. "I'm just so grateful. Dr. Powell is an excellent doctor."

Tampa Bay E.N.T. offers a wide range of ear, nose and throat services for patients of all ages, including conditions related to sinuses and allergies, voice and swallowing, facial plastic and reconstructive surgery, hearing and balance.

For more information about Tampa Bay E.N.T., go to www.TampaBayENT.com or call (813) 879-8045.

About Tampa Bay E.N.T.:

Tampa Bay E.N.T. has served the Tampa Bay community for over 40 years. From pediatric allergies to fitting hearing aids, our caring and experienced physicians specialize in ear, nose and throat care for the entire family using comprehensive, state-of-the-art technologies. We have six convenient locations throughout the Tampa Bay area to best serve you and your family.

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